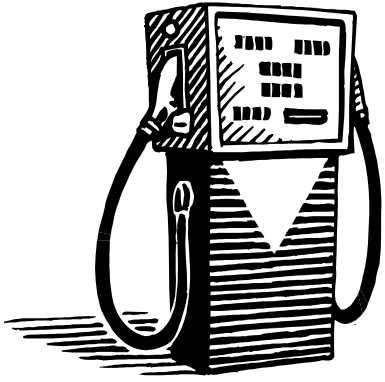


FLINT/GENESEE Co. NEIGHBORHOOD ROUNDTABLE

Mission Statement: To provide training and share information which will enable residents to empower themselves to bring about positive change. To develop stronger neighborhoods and to form partnerships that will be a collective voice and positive force in addressing issues facing com-



Community Issues



GAS TRICKS !!

Here are some tricks to help you get your money's worth at the gas pump.

1. Fill up your car or truck in the morning when the temperature is still cool. Remember that all service stations have their storage tanks buried below ground; and the colder the ground, the denser the gasoline. When it gets warmer gasoline expands, so if you're filling up in the afternoon or in the evening, what should be a gallon is not exactly a gallon!
2. If a tanker truck is filling the station's tank at the time you want to buy gas, do not fill up; most likely dirt and sludge in the tank is being stirred up when gas is being delivered, and you might be transferring that dirt from the bottom of their tank into your car's tank.
3. Fill up when you gas tank is half-full (or half-empty), because the more gas you have in your tank the less air there is and gasoline evaporates rapidly, especially when it's warm.
4. If you look at the trigger you will see that it has three delivery settings; slow, medium and high. When you're filling up, do not squeeze the trigger of the nozzle to the high setting. You should be pumping at the slow setting, thereby minimizing vapors created while you are pumping. Hoses at the pump are corrugated and this acts as a return path for vapor recovery from the gas that already has been metered. If you are pumping at the high setting, the agitated gasoline contains more vapor, which is being sucked back into the underground tank so you're getting less gas for your money.

Hope this will help ease your pain at the pump!

Inside this issue:

News from the Genesee Co. Health Department	Page 2
Flint Community Schools Projects Program: 13th Annual Roast & Toast	Page 3
Metawanenee Hills Neighborhood Assoc and Coalition of Labor Union Women	Page 4
Genesee County Adolescent Mentoring Program and Hazardous Waste Collection	Page 5
More from the Health Dept.	Page 6
Neighborhood Calendar	Page 7

INFORMATION FROM: **GENESEE Co. HEALTH DEPARTMENT**

Lead Poisoning

Children in Michigan and Genesee County continue to be poisoned by lead in their homes. Most of the time, young children do not show signs that they are lead poisoned. A blood lead test is the only way to know.

Recent research has linked lead poisoning to violent crime, lowered intelligence, learning disabilities, and aggressive behavior. Children under age six are most often poisoned by dust from lead paint in older homes, especially those built before 1950. One out of three homes in Michigan was built before this time. Dust is created by opening and closing windows, and by remodeling or renovation. Lead dust settles on floors and window sills, and is swallowed when infants and toddlers put their hands or toys into their mouths.

There are 5 simple things that can be done to prevent lead poisoning from taking place:

1. Keep lead dust to a minimum. Wet mop floors and window sills with a detergent.
2. Wash children's hands, pacifiers and toys with soap and water—frequently! Always wash children's hands with soap and water before each meal, and before bedtime.
3. Keep surfaces wet while sanding or scraping old paint.
4. Feed young children low-fat, healthy foods, rich in calcium and iron, to prevent lead from being absorbed by their bodies.
5. Have your home checked by a professional lead assessor to look for lead paint, identify other dangers for children, and provide information on how to fix the problem areas.

For questions about childhood lead poisoning, or to schedule a testing appointment, contact the Genesee County Health Department at (810) 257-3833.

(more from the Health Dept. on page 6)

GENESEE HEALTH PLAN (GHP)

NO Healthcare Coverage? No problem.

Genesee Health Plan is *Free** to eligible Genesee County residents.

To be eligible you must:

Be a Genesee Co. resident and US Citizen
Be between the ages of 19 and 64
Be ineligible for Medicaid or Medicare
Have no other health care coverage
Meet income requirements.

GHP Covers:

Doctor Visits*
Lab tests & X-rays
Prescriptions*
Some medical supplies

*small co-pay for office visits & prescriptions.

Sign up at the Genesee Co. Health Department —Monday, Wednesday, Friday 8 to 11 am & 1 to 4 pm

Ease your mind about healthcare coverage. Call 810-257-3039



**FLINT COMMUNITY SCHOOLS
YOUTH PROJECT PROGRAM**



**13TH ANNUAL
“ROAST AND TOAST”**

**HONORING:
TINA FIELDER- GIBSON**
OFFICE OF THE GENESEE COUNTY SHERIFF

MASTER OF CEREMONIES: SHERIFF ROBERT J. PICKELL
ROASTERS: COLLEEN DETERMAN,
SYLVESTER JONES & KAYE WILLIAMS

WHEN: THURSDAY, SEPTEMBER 27, 2007

**WHERE: BROOKWOOD GOLF COURSE & BANQUET
CENTER 6045 DAVISON RD. BURTON, MI.**

TIME: 5:00 p.m. RECEPTION / 6:00 p.m. PROGRAM

TICKETS: \$30.00 PER PERSON

FOR MORE INFORMATION CALL 810-760-1190

All proceeds will fund Youth Projects Programming



***“Life isn’t about waiting for the
storm to pass....***

It is about learning to dance in the rain.”

Metawanenee Hills Neighborhood Association (MHNA)

MEETING TIME and PLACE!

WHERE: Whaley's Children Center Community Room,
1201 N. Grand Traverse
WHEN: Tuesday, September 18, 2007
TIME: 5:45-7:30

Our pledge for building membership: Each member bring at least one new resident to Tuesday's meeting.

The Metawanenee Hills Neighborhood Association is composed of longstanding and new residents (homeowners and renters) focused on shining light on the unique architecture, stability, and diversity of the Metawanenee Hills Community. We are committed to building upon the uniqueness of our lovely neighborhood through engaging the talents, energy, and imagination of all residents. Come and join us as we map the future for this important and historic neighborhood. Dues are \$2.00 per month.

For more information call: Wendy Johnson at 238-4858, wndywendyj@aol.com; or
Bill Hammond at 234-8329, wahamm511@yahoo.com;

Coalition of Labor Union Women

CLUW is pleased to call your attention to the **Union Privilege Scholarship Program** to help more women and people of color become union leaders. These Union Leaders of the Future Scholarships, worth up to \$3,000 each, can be used for tuition, books and travel for leadership training at accredited labor schools, colleges, universities and community colleges.

Applications must be postmarked by September 29, 2007. Scholarship winners will be contacted by December 1, 2007.

Please visit www.UnionPlus.org/DiversityScholarship to learn more about the program and eligibility requirements and to download an application.

The scholarship is one way that Union Privilege is taking action on the AFL-CIO's 2005 Convention's Diversity Resolution.

The federation has just completed a series of Regional Diversity Conferences "to further ensure and increase diversity at every level of the AFL-CIO and hold union organizations accountable to diversity standards.

Delegates to the recent Communications Workers Convention put into practice one of the strategies promoted by the AFL-CIO: They adopted a plan to add four at-large diversity seats to the union's executive board to give a greater voice to local leaders.

Check CLUW's website regularly to learn additional ways for working women to become leaders in their unions as well as make a difference on the job and in their own lives.

Genesee County Adolescent Mentoring Program

Mentoring does make a difference.

In a recent statement, Governor Jennifer Granholm stated, “Mentoring transforms the lives of children. By strengthening our children through mentoring, we are building a stronger future for them, our communities, and our great state.” A recent survey of mentoring in Michigan estimated there are over 602,000 young people in Michigan alone that could benefit from a mentoring relationship.

Michigan State University Extension, in cooperation with Americorps and 4H have recognized this great potential and need, and responded by establishing the Genesee County Adolescent Mentoring Program, or AMP. AMP aims to match area youth, ages 13-17 with a caring committed adult in the community. Mentoring has proven to be a successful strategy for addressing a number of youth problems. A landmark study found that mentored youth were less likely to engage in negative behaviors. Mentees skipped school 52% less and decreased lying to their parents by 37%. In addition, they were: 46% less likely than their peers to start using illegal drugs and, 38% less likely to engage in violence. Mentees involved with our program set and strive to achieve goals, develop good self-esteem, and strive to develop good decision-making skills. Sounds easy, but for some kids, it just isn't that simple.

We are looking for support to increase awareness about our mentoring program, and would like to inform the community about different volunteer opportunities that we have available. We are currently seeking mentors, advisory board members and program assistants. Program assistants volunteer their skills to enhance our program. They help plan activities and events, distribute or display program literature, recruit speakers and other volunteers, or lend whatever ability they would like to our program. This is a great opportunity to make a real difference in the community and positively impact a young person's life.

If you would like more information our phone number is 810.244.8517 or drop by at 4215 W. Pasadena, Flint,



Household Hazardous Waste Collection

Saturday, October 6, 2007 10 a.m. To 2 p.m.

Acceptable materials include: Old household pesticides, herbicides, solvents, paint thinners, aerosol cans, oil-based paint, motor oil, mercury, batteries, corrosives, and old prescriptions. We will accept up to six (6) car/truck tires (no tractor or semi tires).

Materials Not accepted include: Explosive, radioactive materials, medical waste, commercial and industrial wastes and latex paint.

Locations: **1)** Flint East—Water Service Center—3310 E. Court Street; opposite Consumer's Energy between Center and Dort. Take I-69 to either Center or Dort exit, go north to Court St.
2) Central Elementary in Davison—600 South State Street. Off of M-15 between Lexington and Clark.

For information call: MSU Extension 810-244-8524 *or*
Genesee County Health Department 810-257-3603

(more from the Health Dept.)

Energy Drinks



Caffeine is the world's most popular drug and its abuse among young people is a growing health concern. Caffeine can be found in pill form or in drinks such as pop and coffee. Recently, companies have begun marketing caffeine filled energy drinks to teens. Thirty-one percent of teens report that they consume energy drinks. In 2006, more than 500 new energy drinks were launched worldwide, an industry worth \$3.4 billion annually, however these energy drinks are not regulated in the United States.

Little research has been done regarding the health effects of energy drinks, but it is known that adolescents are more sensitive to the effects of caffeine than adults. Caffeine is addictive. Energy drinks hook kids in an unhealthy "jolt-and-crash" cycle, meaning they need to drink more energy drinks to feel normal. Amounts of caffeine vary between brands, but a typical energy drink contains the same amount of caffeine found in three pops. Unknown plant extracts, lots of sugar, and sometimes taurine (protein) are added to the drinks.

Research from the American College of Emergency Physicians found that emergency visits and poison-center calls are increasing due to caffeine abuse. The problem is the amount of caffeine. Too much caffeine is harmful to anyone's health. Symptoms of caffeine abuse include dental decay, obesity, nausea, vomiting, racing heart, panic attacks, chest pains, hallucinations, and trips to the emergency room. Parents should not provide energy drinks to their children and should watch for signs of caffeine abuse. Parents of teenagers should talk to their children about the dangers of energy drinks, caffeine abuse, and suggest better alternatives to energy drinks.

For more information regarding caffeine abuse, call the Genesee County Health Department at (810) 341-5900.





**FLINT/GENESEE COUNTY
NEIGHBORHOOD ROUNDTABLE**

601 N. Saginaw Street St.
Suite 1-C
Flint, MI 48502

Phone: 810-239-7576
Fax: 810-239-9770

Get Up! Get Involved! Get Into It!

**Normal Membership meetings
(\$3 per meeting or \$24 per year)**

Date: September 21, 2007
Time: 12 noon until 2 pm
Where: GCCARD meeting room
601 N. Saginaw Street
(parking lot entrance is off 3rd street)

RSVP for lunch: 239-7576

AGENDA:



Committees

- Benevolence - Mary Payne
- Fundraising - Lee Bell 239-7576
- Hospitality - Edna Chaney
- Housing - Barbara Grisham-Wilson 610-8727
- Membership/Outreach - Jean Armstrong
- Neighborhood Issues - Kathryn Blake & Nayyirah Shariff
- Newsletter - Vicky Hurley 820-3134
- Strategy - president Leon Wesson 785-5640 also,
Committee chairs & all interested parties.
- Training - Lee Bell 239-7576

If interested in serving on a committee, inquire at next Roundtable meeting or call the office or number above.